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# Business Beat: Caribbean taste, burgers, sugar spice, late night food



One of the rooms inside The Bungalow Kitchen. (Courtesy Bungalow Kitchen)

By [CONTRIBUTING WRITER](#) | |

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LONG BEACH —

By Jo Murray, Columnist

Caribbean jerk (food)



Love Full Native Kitchen has opened in the Los Altos shopping center next to Trader Joe's. It is the third location for the Caribbean-style restaurant that includes vegan options and breakfast items. The Los Altos restaurant is in the former Wok and Sushi at 2210 N Bellflower Blvd

### **Burger week**

The folks at Long Beach Food and Beverage just might make our fair city the Burger Capitol of America. They are launching the first annual Long Beach Burger week Aug. 1-8.

This is truly a "freestyle event" with no tickets or passes to purchase. Have it your way – dine-in, take-out or have them delivered. Another option is to order from the websites of various pop-ups or home cottage businesses for pick-up. Participating restaurants, food businesses and offers can be found at [www.BurgerWeekLB.com](http://www.BurgerWeekLB.com).

### **Catalina Express 40 years**

Starting small with only one boat and one phone, Catalina Express has grown and more than one million passengers will sail on board this year. Catalina Express began in 1981 when three Catalina Island residents realized the need for quick transportation to and from the island.

Doug Bombard, his son Greg Bombard and longtime colleague, Tom Rutter, worked tirelessly to make the vision a reality. In the 40-year history, more than 33 million passengers have cruised to Catalina Island onboard Catalina Express.

### **Why sleep?**

Since its opening in March, The Bungalow Kitchen at 2ND & PCH quickly became the "place to be seen" restaurant has expanded its hours to open for late night Wednesday through Saturday from 10 p.m. to 2 a.m.

There is late-night entertainment by DJ Graham Funke and menu of bar bites including Tuna Tataki Tacos, Crispy Duck Wings, and Up All-Night Ice Cream Sandos.

Long Beach-style cocktails include Spruce Juice and Fuzzy Naples, The Bungalow Kitchen offers a home ambiance created through a mix of rooms – each with its own unique vibe including small vignettes, and other larger rooms where people can gather together for a good time around the bar or over a game of pool. For reservations, call 562-719-9400 or visit [bungalowkitchen.com](http://bungalowkitchen.com).

### **Deep breath**



Once again, MemorialCare Miller Children’s & Women’s Hospital Long Beach has been named as one of the top children’s hospitals for Pediatric Pulmonology & Lung Surgery. U.S. News and World Report introduced the Best Children’s Hospitals rankings in 2007 and has since become the global go-to source for quality-related information on U.S. pediatric hospitals.

Miller Children’s & Women’s is the only free-standing children’s hospital in California – and only one of 13 hospitals in the nation – to receive the Disease Specific Certification in Pediatric Asthma from The Joint Commission, the leading health care accreditor in the U.S.

“The past year has been a challenging one for children’s hospitals, as many patients delayed care due to the COVID-19 pandemic,” says Graham Tse, M.D., chief medical officer, Miller Children’s & Women’s. “In the face of those challenges, our Children’s Pulmonary Institute continues to excel and establish Miller Children’s & Women’s as a regional destination for thousands of children who need specialized pediatric pulmonary care.”

### Thai lunch

Spicy Sugar, the Thai restaurant at 1538 E. Broadway just west of Falcon Avenue, is now open Tuesday through Sunday for in-person dining, with lunch offered from 11 a.m. to 3 p.m. and dinner served 4-11 p.m. Take-out and delivery are also available.

Owner and Chef Sugar Sungkamee grew up in the restaurant business, learning from her late father, Chef Suthiporn “Tui” Sungkamee, of Los Angeles’s Jitlada restaurant, who taught her culinary skills and business savviness.

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## Contributing Writer

